



PRACTICAL CAREGIVING

This 42-hour course provides core knowledge, strengthens English communication skills, and introduces practical, hands-on skill development—supporting exploration of possible career pathways.

This is an introductory training course for anyone wishing to go into caring for older adults professionally. The course is designed to equip individuals with the fundamental skills and certification required for caregiving.

- ❖ Earn competitive pay
- ❖ Flexible work schedules (full-time and part-time available)
- ❖ Room to grow in the medical field
- ❖ Extremely positive work environment

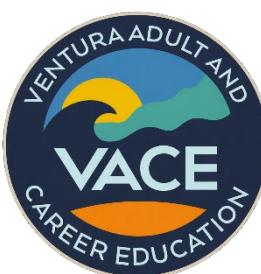
VENTURA ADULT AND CAREER EDUCATION

5280 Valentine Road
Room 227 (2nd floor)
Ventura, CA 93003
(805) 289-1749
careers@vace.com

Classes meet Wednesdays
6:00 pm - 9:00 pm
5200 Valentine Road, Room 207
Spring Session runs
3/11/2026 – 5/20/2026
(no class 4/1/2026)

To register call the VACE ESL Office at: **805-289-1749** and make an appointment to take your CASAS test.

Priority for ESL students.
All registration must be made through the VACE ESL Office



- Caregiver Job Descriptions, Responsibilities and Protocol
- Care Plan Notes for Documenting Client Activities
- Communication Skills
- Personal Care, Bathing, and Toileting
- Assistance with Ambulation, Exercise, Transfers, Fall Prevention including Adaptive Equipment
- Basic Hygiene and Basic Infection Control
- Maintaining a Clean, Safe, and Healthy Environment
- Basic Personal and Environmental Safety Precautions
- Emergency Procedures, Including Basic First Aid and Client's Emergency Preparedness Plan
- How to Detect, Report, and Prevent Abuse and Neglect

- Intro to Medical Professions and Specialties
- Roles and Responsibilities
- Intro to Medical Terminology Understanding a Diagnosis
- Applied Medical Terminology and Pharmacology
- Medical Procedures Communication in Healthcare Job seeking/ Interviewing and Professional Development